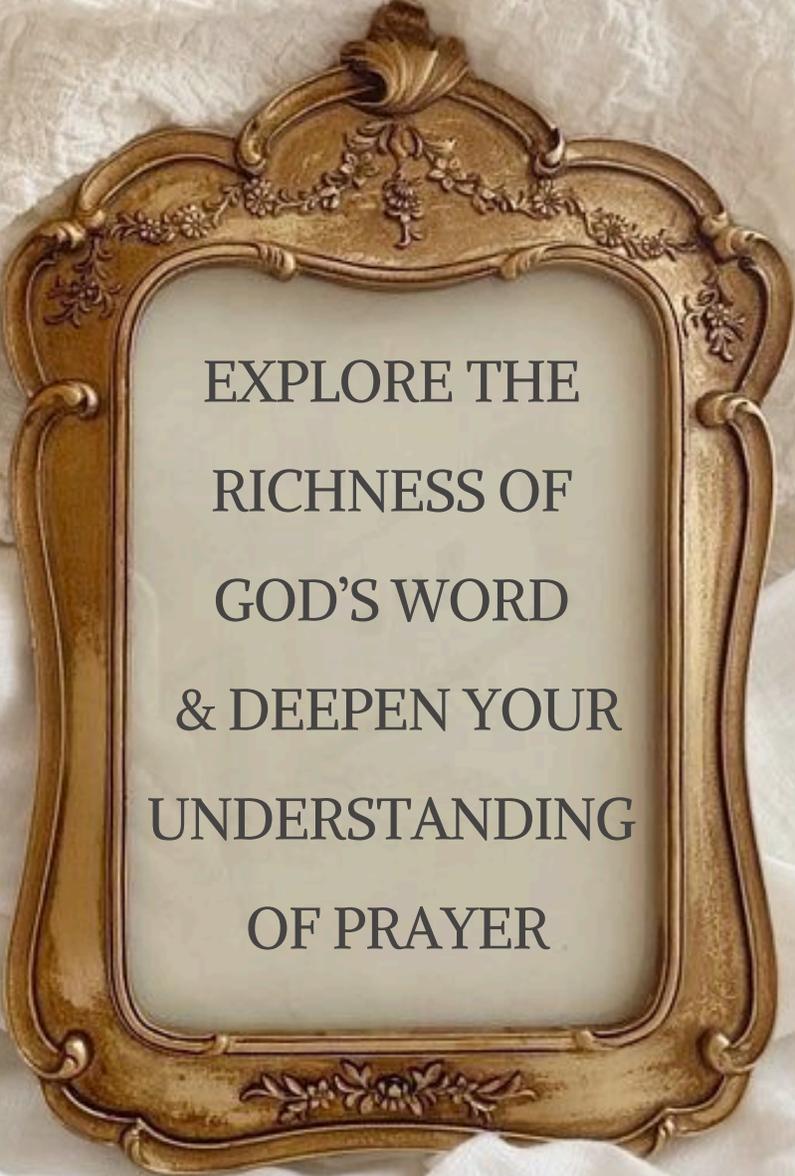


# Women's Conference



EXPLORE THE  
RICHNESS OF  
GOD'S WORD  
& DEEPEN YOUR  
UNDERSTANDING  
OF PRAYER

# BOWED

SEPTEMBER 20 8:30AM-3:00PM

# ITINERARY



- 8:30 ..... Breakfast
- 9:15 ..... MC open/ ice breaker game
- 9:30 ..... Music
- 9:45 ..... Session One - Kelli Fogde
- 10:15 ..... Table Discussion & Reflection Time
- 10:35 ..... Breakout for Craft/ Games/ Mingle
- 12:00 ..... Lunch
- 1:00 ..... MC Welcome Back/ Group Game
- 1:30 ..... Music
- 1:45 ..... Session Two - Q&A Panel
- 2:30 ..... Table Discussion & Reflection Time
- 3:00 ..... Closing Song/ MC Dismissal



# SESSION ONE

## Bowed - Pray Without Ceasing

**Kelli Fogde**

1. The great \_\_\_\_\_ of the all-powerful God of Heaven should drive us to extreme humbleness and cause us to bow before Him with gratefulness and a desire to please Him in all things.

•Romans 5:12

•Psalm 19:1

•Ephesians 2:4-7

•Romans 1:20

2. The Bible says we are to \_\_\_\_\_  
\_\_\_\_\_ .

•1 Thessalonians 5:17

•Luke 18:1b

•Ephesians 6:18 - *“With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints.”*

•**Philippians 4:6** - *“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.*

•**Psalm 139:2-3**

•**John 15:4**

•**Philippians 4:8** - *“Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.”*

•**John 17:17** - *“Sanctify them in the truth; Your word is truth.*

3. Praise and thankfulness should be the \_\_\_\_\_  
in prayer.

•**1 Thessalonians 5:16-18**

•**Psalm 92**

•**Hebrews 13:5** - *“Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, ‘I will never desert you, nor will I ever forsake you.’”*

·Romans 8:28

·Romans 8:38-39

·John 14:2-3

·Philippians 1:12-13,18

·Acts 5:41 - *“So they went on their way from the presence of the Council, rejoicing that they had been considered worthy to suffer shame for His name.”*

4. Bowing before God in prayer means being honest with God

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·1 John 1:9

·Psalm 51:10

5. \_\_\_\_\_ is a requirement for prayers to be heard.

·Hebrews 11:1

·Hebrews 11:6

·James 1:6-8

6. Another wonderful part of praying is that God \_\_\_\_\_

\_\_\_\_\_.

•**Philippians 4:6-7** - *“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.”*

•**Matthew 7:9-11**

•**Matthew 6:33**

•**Luke 13:34** - *“O Jerusalem, Jerusalem, the city that kills the prophets and stones those sent to her! How often I wanted to gather your children together, just as the hen gathers her brood under her wings, and you would not have it!”*

•**Psalm 17**

•**Psalm 23**

•**Romans 8:38-39** - *“For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.”*

•**Ephesians 3:17-19** - *“so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God.”*



# TABLE DISCUSSION

How does our humility and submission in prayer demonstrate a proper understanding of who we are versus who God is?

Anxiety can be something we all face at one time or another in our lives. Consider Philippians 4:6. How does prayer and thanksgiving turn our struggles and anxieties into rest and gratefulness?

What are we prone to as humans when we don't pray?

Why is faith a requirement for prayer to be heard?

God is the Almighty ruler and creator of everything, but as believers, He is also our loving father. How do you feel encouraged to be in constant communication with your Almighty Father?

# SESSION TWO

## Panel Discussion

Question #1: How do you structure a healthy prayer life?

Question #2: Have you leaned into prayer during a challenging season of life? How has it demonstrated a dependance on the Lord and a trusting heart?

Question #3: How do you not lose heart when you've prayed for someone or something for a long time and God has not answered the way you'd like? How do you know when God is saying "wait" instead of "no"?

Question #4: How should we pray for someone when we think they have behavior that needs to change?

Question #5: If God hears our prayers the first time and doesn't forget, why should we pray repeatedly for things?

Question #6: How can I properly come before the Lord in prayer when my sin is preventing me from living in a state of true worship?

Question #7: How can I glorify God as I pray for myself or my own desires?

Question #8: Does God's answer to our prayers ever depend on our faith or behavior?

Closing Question: Has God ever answered a prayer or given you clarity on something directly through something you read in Scripture?